



COACH TASHA MAC

THE NATION'S #1 EMPOWERMENT SPEAKER
ADVOCATE | AUTHOR | THERAPIST

KEY ACCOMPLISHMENTS

- **Author of Courageous Rebirth: The Little Girl**
The Ultimate Ten Concepts to Reclaim Your Strength from Adversities
- **The Nation's #1 Empowerment Speaker**
over 20 years empowering countless individuals and organizations to turn adversity into resilience and reclaim their inner strength.
- **Creator of the Circles of Synergy**
a transformative platform where individuals come together to empower one another, ignite positive energy, and create lasting change.

PROFESSIONAL SUMMARY

Coach Tasha Mac is an Empowerment Speaker, renowned Author, Coach, and Advocate with over 20 years of expertise in leadership, training, and financial management. As a certified belief and mental health therapist, she combines her professional knowledge with a personal passion for guiding others through life's toughest challenges. Through her acclaimed book, *Courageous Rebirth: The Little Girl - The Ultimate Ten Concepts to Reclaim Your Strength from Adversities*, Tasha offers powerful, in-depth strategies for overcoming loss, trauma, and adversity, empowering individuals to reclaim their strength and embrace resilience.

EXPERTISE SECTION

Corporate Leaders and Professionals:

Individuals seeking to enhance leadership skills, navigate career transitions, or overcome workplace challenges.

People with Disabilities:

Those facing physical or mental health challenges, looking for guidance on resilience and empowerment.

Youth and Young Adults:

Young individuals in need of mentorship, leadership development, and personal growth support.

Organizations and Communities:

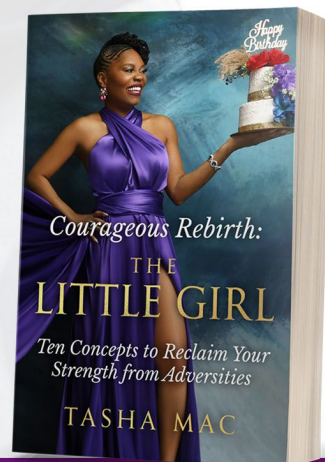
Entities aiming to foster leadership, resilience, and synergy within their teams or communities.

CLIENTS FEATURED ON

FOX **Men'sHealth**

TAMRON HALL **HBO**

BET **CNN**



SPEAKING PHILOSOPHY

Tasha's speaking philosophy is rooted in empowering others to turn adversity into strength. Through authentic and impactful messages, she inspires individuals to embrace challenges, reclaim their power, and drive meaningful change in their lives and communities.



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